

Heat at Home

Microwave Heating Instructions

Please note that several of our entrées contain wheat, egg & soy.

Chicken Sandwich	Remove chicken patty from bun. Microwave on high for 2 1/2 minutes
Sealed Meal	Place small slits in film over each compartment. Microwave for 3 1/2 minutes. Stir, recover & microwave for another 2 1/2
French Toast Sticks & Sausage Patty	Microwave both french toast sticks and sausage patty on high for 45 seconds or until internal temperature is 165 degrees
Hamburger	Remove beef patty from bun. Microwave on high for 1 minute and 30 seconds.
Pizza	For best results. Pre-heat convection oven to 350. Bake for 13-16 minutes

All items should be cooked to a minimum internal temperature of 165 degrees.

Suggested Food Safety Practices: Wash all your fruits and vegetables before eating or cooking. Fresh food is only made to provide a weeks worth of meals.

