



Mental Health, SEL Curriculum, & Other Information

SEL Curriculum 2021-2122

[GUIDE for Life--Arkansas SEL Standards](#)

Grades K-4

[Core Essential Values](#)

[Sexual Abuse Prevention: Empower Me](#)

K-4 Essential Lessons

September	Conflict Resolution
October	Bullying/Cyberbullying Prevention & Empathy
November	Sexual Abuse Prevention
January	Emotions/Coping Strategies/Owning Behavior
April	Careers

Grades 5-6

[Second Step](#)*

[Sexual Abuse Prevention: Empower Me](#)

[Suicide Prevention: SOS: Signs of Suicide.](#) 6th Grade in partnership with Ozark Guidance

5-6 Essential Lessons

August/September	Introduction/Bullying Prevention
October	Suicide Awareness (6th grade)
November/December	Sexual Abuse Prevention
January	Problem Solving/Coping Skills
February	Empathy/Kindness
April/May	Careers

Grades 7-8

[Second Step](#)*

Suicide Prevention: [Jason Foundation](#). 8th Grade.

7-8 Essential Lessons

September	Bullying Prevention/Empathy/Cyberbullying
October	Suicide Awareness (8th Grade) Social Media and Internet Safety
December/January	Careers
February	Bullying Prevention/Empathy/Cyberbullying
March	Social Media and Internet Safety

Grades 9-12

9-12 Essential Lessons

Substance Abuse/Vaping
Suicide Prevention
Bullying Prevention
Digital Literacy and Social Media
Healthy Relationships

[2021-2022 Comprehensive Counseling Plan](#)

Other Resources:

[Choose Love](#)

School-based Therapy Providers:

Ozark Guidance/Arisa (OGC)
Eason & Associates
Friendship Community Care/Connections

Court-ordered Therapy:

Community Service, Inc. (CSI)

Staff Mental Health Resources:

[Calm+Schools+Self Care](#)

- Helpful Websites:
<https://teach.com/resources/mental-health-resources-teachers-school-staff/>
- <https://content.acsa.org/mental-wellness-task-force/toolkit-mental-wellness-resources-for-educators>
- <https://myarkansaspbs.pbslearningmedia.org/subjects/health-and-physical-education/personal-mental-and-emotional-health/>
- <https://safesupportivelearning.ed.gov/understanding-trauma-and-its-impact>

[Staff Safety Plan](#)

*Second Step offers a Community Engagement Unit for teachers to use. This was used in the K-4 Reengagement Camp.

[Grades 4-5](#)

[Grades 6-8](#)

Second Step has DEI resources outside the regular curriculum that our district **will not** use.

[District Counselor Google Folder](#)

[Suicide Prevention Procedure and Resources](#)

Child Maltreatment Training from Children's Advocacy Center

Topic: Recognize, RESPOND, and Report Child Abuse

Meeting Recording:

https://us02web.zoom.us/rec/share/Sm5bJFUcG7Se6RigOl4DleZSDd_dpFVCdNEdTvfcg45NNxewtiKMfVWlz6UK2ZpG.gXot7p72SqhyYw58

Please email me the number of staff members you have that access the video.

Parent Night Meetings

[Ozark Guidance/Arisa \(OGC\) will host a Parent Series](#)

- These will be virtual. Dates: 9/14, 10/12, 11/9, 2/8, 3/8, & 4/12

- Spanish sessions available if enough participants register.
- Leslee Wright will distribute these flyers through Peachjar.

Empower Me: Sexual Abuse Prevention

- CAC will present.
- This is for K-6 parents.

Social Work Contacts:

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Bentonville HS, Bentonville West HS, Evening Star ES, Fulbright JH, Grimsley JH, and RE Baker ES

[Gabrielle Steen, LMSW](#)

479-418-7370

Ardis Ann MS, Bright Field MS, Centerton Gamble ES, Creekside MS, Elm Tree ES, Mary Mae Jones ES, Osage Creek ES, Thomas Jefferson ES, and Willowbrook ES

[Laney Doan, LMSW](#)

479-367-8048

Apple Glen ES, Central Park ES, Cooper ES, Lincoln JH, Old High MS, Ruth Barker MS, Sugar Creek ES, Washington JH, and TRPS

Under Amanda's Umbrella: Social Workers, Central Office Liaison for Counselors & Student Advocates, Bright Futures Initiative, SEL Curriculum, Migrant Students, Foster Students, School-based and Court-ordered Therapy, Mental Health Needs, & Other Duties :)

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